



Required Items to bring to Camp Cadet:

- Pillow
- Sleeping Bag or Blanket & Sheets
- Pajamas
- Play Clothes for at least 5 days
- Sweatshirt
- Laundry Bag
- Pen or Pencil, Envelopes, Paper, & Stamps to write at least 1 letter home
- Underwear & Socks (adequate supply at minimum 5 underwear and 10 pairs of socks)
- Bath Towel(s) & Wash Cloth
- Sneakers – 2 pair in case 1 pair gets wet (not expensive sneakers they will get dirty)
- Flashlight
- Shower Shoes / Flip Flops
- Soap & Shampoo
- Deodorant & other necessary hygiene products
- Toothbrush & Toothpaste
- Small basket or something to carry the items to the shower house
- Comb / Brush (if needed)
- Sun Screen & Bug Repellent
- Swimsuit
 - Boys – Swim Trunks
 - Girls – One Piece Suit
- Beach / Pool Towel
- Ponytail Holders for long hair
- Orthodontic wax (if you have braces)

Optional Items to bring:

- Disposable Camera
- Baseball Glove

DO NOT bring these items to Camp Cadet:

- Cell Phones
- Make Up, Hairspray, Perfume / Cologne
- Jewelry (including Earrings & Watches)
- Electronic Games
- Video / Music Devices
- Wallets / Purses & Money
- Digital Cameras
- Candy, Gum, Food, Drinks
- Weapons (including Pocket Knives)
- Tobacco Products
- Lighters or matches
- Alcoholic Beverages
- Illegal Substances of any kind

Medications:

Medications will be collected during check-in. The only medications a Cadet will be allowed to keep with them are prescribed inhalers and EpiPens. Medications will be dispensed by the camp nurse as prescribed by the Cadet's physician. Medications must be in the original bottle with the physician information and dosage on the pharmacy label. Non-prescription medication taken regularly must be in original bottles and clearly labeled with when the Cadet is to take it.

Prohibited or inappropriate items will be confiscated and kept by the Camp Staff. These items may be returned to the Cadet before graduation.