

Required Items to bring to Camp Cadet:

- Pillow
- Sleeping Bag or Blanket & Sheets
- Pajamas
- Play Clothes for 5 days
- Sweatshirt
- Laundry Bag
- Pen or Pencil, Envelopes, Paper, & Stamps to write at least 1 letter home
- Underwear & Socks (adequate supply)
- Bath Towel(s) & Wash Cloth
- Sneakers – 2 pair in case 1 pair gets wet
- Flashlight & Batteries
- Shower Shoes / Flip Flops
- Soap & Shampoo
- Deodorant & other necessary hygiene products
- Toothbrush & Toothpaste
- Comb / Brush
- Sun Screen & Bug Repellant
- Swimsuit
Boys – Swim Trunks
Girls – One Piece Suit
- Beach / Pool Towel
- Ponytail Holders for long hair

Optional Items to bring:

- 1 Disposable Camera
- Baseball Glove

DO NOT bring these items to Camp Cadet:

- Cell Phones
- Make Up, Hairspray, Perfume / Cologne
- Jewelry (including Earrings & Watches)
- Electronic Games
- Video / Music Devices
- Wallets / Purses & Money
- Digital Cameras
- Candy, Gum, Food, Drinks
- Weapons (including Pocket Knives)
- Tobacco Products
- Alcoholic Beverages
- Illegal Substances of any kind

Medications:

Medications will be collected during check-in. The only medications a Cadet will be allowed to keep with them are prescribed inhalers and epi-pens. Medications will be dispensed by the camp nurse as prescribed by the Cadet's physician. Medications must be in the original bottle with the physician information and dosage on the pharmacy label. Non-prescription medication taken regularly must be in original bottles and clearly labeled with when the Cadet is to take it.

Prohibited or inappropriate items will be confiscated and kept by the Camp Staff. These items may be returned to the Cadet before graduation.